

# Millhouse News

10<sup>th</sup> September 2021



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## Dates & Reminders

Monday 20<sup>th</sup> – Friday 24<sup>th</sup> September – Book Fayre & MacMillan Coffee Mornings (further information will be sent next week)

Tuesday 28<sup>th</sup> September – Full Governing Board meeting

Wednesday 29<sup>th</sup> September – individual school photos

Friday 22<sup>nd</sup> October – non-pupil day (school closed for pupils)

Monday 25<sup>th</sup> – Friday 29<sup>th</sup> October – half term holiday

## Parent Information

### **Attendance**

Please remember that holidays should not be taken in term time unless there are exceptional circumstances. We appreciate some holidays may have been postponed last year but parents should try to re-book during school holidays. We will not authorise holidays unless we consider there are exceptional circumstances.

### **Contacting the school office**

When emailing the school office, please use [admin@millhouse.essex.sch.uk](mailto:admin@millhouse.essex.sch.uk) and not School Comms as any emails sent by parents will go into an automated archive folder and are not checked.

**To ensure all members of our school community have access to support with, and learn how to manage, their mental and physical wellbeing.**

## Wellbeing & Support

September is Action for Happiness' 'Self Care Month' and attached with this newsletter is a calendar of different ideas for self-care we can do each day. Self-care is important; we can't look after others properly if we don't look after ourselves first. I'm sure many of us put ourselves at the bottom of our 'to-do lists'! This month, try taking some time out to look after yourself.

Action for Happiness is a charity consisting of a movement of people who are committed to building a happier and more caring society. Their website is full of useful ideas and information about how we can all play a part in helping to become happier ourselves as well as increasing happiness for others.

Have a look for yourself: <https://www.actionforhappiness.org/>

To increase access to and improve provision of reading for all children

## Reading

- During the week beginning 20<sup>th</sup> September, we are pleased that we will be running a Book Fayre. This will be an opportunity for your child to browse through lots of books and hopefully persuade you all to buy them a new book! More information will be sent home next week.
- It is really important that children read regularly. Reading helps children gain a better understanding of the world around them, improves their vocabulary and language skills and helps ensure they can access all areas of learning. The children read or are read to throughout the week in school but should also be reading independently or to an adult at least 4 times a week at home.

To enhance children's motivation and their ambition for their futures.

## Inspiring Tomorrow's Generation, Today

*Year 6 have had an extremely creative week working with Hawa, Icy, Arnie and Lolade, which concluded on Thursday afternoon with an amazing performance from each year 6 class based around our core school values. During the sessions, the children have explored the meaning of our core values and how they relate to everyday situations through drama, dance, poetry and teamwork. It has been wonderful to see so many of the children grow in confidence during the week, overcoming their nerves and showing resilience and self-belief to participate in front of all of year 5 and 6. A huge well done to all of the children and a huge thank you to Hawa's team for their inspiration and encouragement.*

*Some pictures are below.*

# Gallery

