

	Literacy	Art/DT	History/Geography	Science	Other
Entry Point Day	<p>Races: How far can you run in 9.68s - the world record for 100m?</p> <p>Have an afternoon of sports and bootcamp activities to use all different muscles in your body. Finish with "silly" races, like hopping etc</p>				
Wk 1	<p>Shaggy dog stories, funny bone style</p> <p>Information texts</p> <p>Explanation texts</p>			<p>Listen to the story Funny bones: www.youtube.com/watch?v=sJodPwWCCIQ</p> <p>Learn about what the different parts of the skeleton are called and what some bones are called. Learn a song to help you remember</p>	<p>PE: Athletics - discuss all the different muscles and bones (joints) used</p>
Wk 2	<p>Discussion texts</p> <p>Election (British values)</p> <p>Instructions (recipes)</p> <p>Reading comp: poetry and plays</p>			<p>What is the skeleton for? Refer back to flight and birds and insects - movement.</p> <p>Refer back to entry point day. How did we get into all those positions for boot camp and move?</p> <p>Look at human and animal skeletons in different positions. Learn about Learn about ball/socket joints (shoulder/hip), hinge joints (knee/elbow), sliding joints (ankle/wrist), fixed joints (skull)</p> <p>Make some model joints (see Switched on Science Y3 or the Internet)</p>	<p>British Values: Election!</p>
Wk 3 (4 days)				<p>Learn about muscles and the role and relationship of muscles and bones. Refer back to Usain Bolt and Olympic champions and their muscles.</p> <p>Make a model arm with card, lollipop sticks and elastic bands. See switched on Science pg 33</p> <p>Make a model muscle with coloured paper and glue - Switched on Science pg 33</p>	
Wk 4			<p>How well is the school set up for PE? (eg, sports equip, space etc</p>	<p>Learn that in addition to movement, the skeleton is also for protection of internal organs. Revise the role of armour (link to Romans and celts) and make comparisons with exoskeletons (insects and arthropods)</p>	<p>What would our bodies be like without our skeletons? Investigate using A4 paper and paper straws and plasticine.</p> <p>Identify animals with backbones, exoskeletons and no skeletons! How do animals with no skeletons move? Muscles!</p>
Wk 5				<p>NUTRITION How does what I eat affect me?</p> <p>Learn about balanced diets for humans - nutrients, protein, carbohydrates, fats,</p>	<p>Residential week: Link to core values: resilience, determination, creativity etc. Make a display with evidence of each?</p>

					<p>Outdoor skills: How did muscles/bones help us on gym train/flag hunt/den building?</p> <p>Bug hunt to find exoskeleton animals/no skeleton</p>
Wk 6		Art: Use food images to create art work (ICT based)	<u>Music:</u> music to accompany a meal - BAROQUE	Plan a healthy day's food and prepare it (DT). (Does not have to be actual cooking!) Maybe different groups preparing different meals (breakfast, snack, dinner, lunch etc) or choose one meal to prepare. Eat the meal and evaluate its nutrients (can use my fitness pal app to get nutritional info)	
Exit point	<p>Answer question - topic write. Design an animal for strength/speed. What would they need to eat to be healthy?</p>				